



CIVITAS Handshake

Can mentor and mentee relationships drive cycling policy change?

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It's just like riding a bicycle



13 cities from all corners of Europe are coming together to share and inspire cycling excellence.

CITIES

Who?

Three world-class cycling capitals are guiding 10 other cities as they become bikeable for all.



- Amsterdam **is mentoring**
- Bordeaux
- Bruges
- Dublin
- Turin
- Rome



- Copenhagen **is mentoring**
- Helsinki
- Manchester
- Riga



- Munich **is mentoring**
- Cadiz
- Krakow

PROCESSES

How?

Three methods improve cities' governance, involvement and decision-making processes.

ASSESSMENT AND EVALUATION

TRANSITION MANAGEMENT

IMMERSIVE STUDY ACTIVITIES

SOLUTIONS

What?

Over 60 solutions are being applied across four areas.

PLANNING, REGULATIONS AND STANDARDS

MODELLING AND ASSESSMENT

INFRASTRUCTURE AND SERVICES

AWARENESS AND EDUCATION

THE END?

This is just the beginning...

By 2022, 13 cycling capitals will be ready to deliver true cycling change.



13 Cities Delivering Change

PROCESSES

CITIES

SOLUTIONS

○ **Amsterdam:**

✕ Bordeaux, Bruges, Dublin, Rome, Turin

○ **Copenhagen:**

✕ Greater Manchester, Helsinki, Riga

○ **Munich:**

✕ Cadiz and Krakow





Cycling Solutions

PROCESSES

CITIES

SOLUTIONS

Over 60 innovations shared, developed and applied



1

Planning, Regulations
and Standards



2

Infrastructure
and Services



3

Modelling
and Assessment



4

Awareness
and Promotion



Mentoring system



Mentoring is the pedalling force at the heart of Handshake



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“When we developed the Handshake Mentoring Scheme, we saw the need for a safe and privileged time in which a mentee has permission to concentrate on and talk about her or his issues related to cycling in general, and the transfer of knowledge in particular. Therefore, our main aim was to open personal and professional channels that the colleagues can use with confidence and ease, without shying away from asking questions that may be deemed inappropriate or silly.”

Fred Dotter, Mobiel 21 | Developer of the Handshake Mentoring Scheme



The framework

1. **Cities state of the affairs questionnaire**
2. **Briefing for mentors and mentees**
3. **Mentoring agreements**
4. **Toolbox with: Plan & track document,...**



Types of mentoring



Peer mentoring



Co-mentoring



Mentoring circles

E-Mentoring



Panels of mentoring



Activity mentoring



Bifocal mentoring





Exchange Hub

PROCESSES

CITIES

SOLUTIONS

Basecamp for online exchanges

- Internal learning space for cities' discussion focused on sharing knowledge on 60+ measures
- Updates on news, training, events
- Co-working on ideas, plans, and processes





#Handshake Highlights



COPENHAGEN BIKE TOUR



VELO-CITY DUBLIN



VELO-CITY DUBLIN PLENARY



AMSTERDAM FISH BOWL



Personal statements



About what mentoring really means to our cities?



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“Copenhagen regularly receives requests for cycling information. We share our knowledge generously, but often we don’t know if and how the information we provide is used. The CIVITAS Handshake Mentoring scheme is a gamechanger that allows us to concentrate our efforts and move from mere knowledge sharing to practical applicability. Mentoring is a relationship of mutual expectations: Our mentees expect us to provide quality input, and we expect them to ask in-depth questions and use our input. Sometimes we get a question, we have never thought of ourselves, and that creates reflections and new ideas even for Copenhagen.”

Henrik Lundorff Kristensen, City of Copenhagen | Handshake project manager



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“The City of Helsinki has found the mentor and mentee relationships very useful. Not only do we get information on specific planning solutions that we would not get otherwise but we have also found more insights into policy and strategic approaches such as planning argumentation and framing issues in a way that they appeal to a wider political field. Having a cycling capital like Copenhagen as a mentor also puts the right kind of pressure to strive for better and showcases that changing the paradigm in traffic and urban planning is both possible and useful for the city` long term strategy to grow sustainably.”

Henna Hovi, City of Helsinki | Project manager



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“Mentoring isn’t about finding the answer on how Bruges can become the new Amsterdam. Forget copy-past. Not the destiny but the journey is at the heart of the mentoring process. Mentoring is all about experiencing first hand. Not merely passively listening to good practices but actively understanding. Gaining insights on tipping points, triggers, do’s and especially don’ts, ... Not only what you do but especially why and how. Finding the *raison d’être* of your (cycling) city and discovering that cycling policy isn’t just about physically moving people but about moving - touching people. Bringing cycling in the hearts and minds.”

Bart Slabbinck, City of Bruges | Mobility expert



“One of my most beneficial experiences recently has been my involvement in the EU Handshake Project where Dublin City is being mentored by the City of Amsterdam on the provision and promotion of cycling infrastructure. The knowledge transfer and information exchange with the officials from the City of Amsterdam is ongoing and highly beneficial to myself and my team. The requirements for the Government’s Climate Action Plan mean that Dublin City must embrace active travel, substantially increase walking and cycling, and reduce car use. The experiences from Handshake have strengthened my resolve to drive change, to provide high quality walking and cycling infrastructure, and to build a coherent network over the next number of years.”

Christopher K Manzira, City of Dublin | Senior transportation officer



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“Handshake enables the exchange of information on cycling issues in an un-bureaucratic way. It offers a protected space to talk about innovation, best-practise solutions and experiences. Especially because we are often confronted with the same problems, the exchange of experts is so valuable: it broadens the horizon of what is possible and makes knowledge spread faster.”

Johanna Schäfer, City of Munich | Handshake project manager



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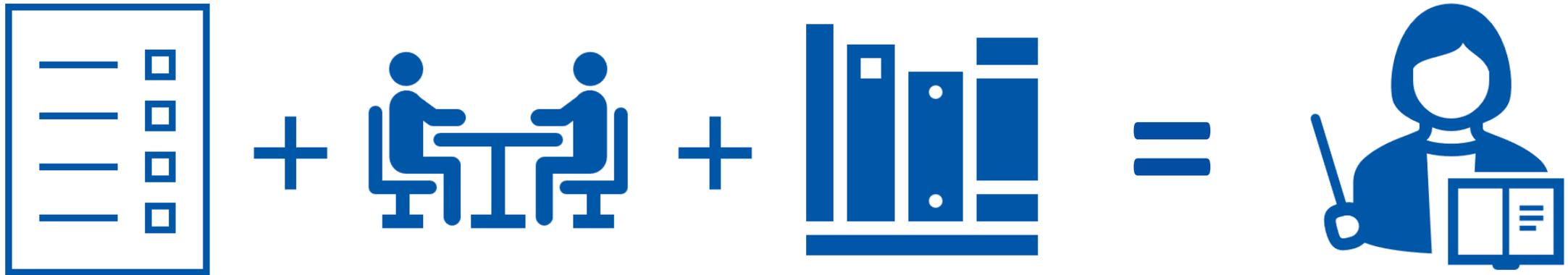


“We are experiencing a very positive mentoring relation with the city of Amsterdam in the context of the Handshake project. We feel fortunate to have available and responsive mentors - besides the expert network - ready to help, give advice and answer our interrogations. We are still in the process of discovering the mentoring, especially now, as Bordeaux Métropole is preparing its immersive event. Weekly meetings with our mentors are set up to plan the organization of this event. One constraint is the language barrier to involve our non-English speaking colleagues.”

Clémence Burgué , City of Bordeaux | Handshake project manager



Did we answer the question?





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Thank you!

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#KeepCycling





Say Hello to Handshake



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